



July National Health Observances

[Healthy Vision Month](#)

[Juvenile Arthritis Awareness Month](#)

[National Cleft & Craniofacial Awareness & Prevention Month](#)

[Sarcoma Awareness Month](#)

[UV Safety Month](#)

Days to Note:
[World Hepatitis Day; July 28](#)

The articles and hyperlinks to external websites appearing in this newsletter are intended to be informational and do not represent an endorsement by the Georgia Department of Education.



Upcoming Workshops

[Stewards of Children](#) - Join **Children's Healthcare of Atlanta** as Stewards of Children demonstrates how to prevent, recognize and react responsibly to child sexual abuse and teaches five proactive steps to protecting children.

Children's Healthcare of Atlanta
Office Park Learning Center
1680 Tullie Circle NE
Atlanta, GA 30329

Contact: Angie Boy- 404-785-5004

cpctraining@choa.org

[On-Demand Child Sex Trafficking Trainings](#)

Counseling & Social Services

[Social Security's Program that Helps Children with Disabilities](#)

The Social Security Administration (SSA) released a partner toolkit for parents, caregivers, educators, and community members about potential financial assistance for children with disabilities. The toolkit contains articles, email templates, and further information about SSA's Supplementary Security Income program. [View the SSA partner toolkit.](#)

[Tourette Syndrome: Help Stop Bullying](#)

According to the Centers for Disease Control and Prevention (CDC), children with tics are more likely to be bullied than children without tics. To address this disparity, the CDC developed a webpage to help stop bullying. View [CDC's resources on Tourette Syndrome](#) to learn more.

[Resources for Underserved Student Population](#)

Findhelp.org is a search engine that can connect students with no or low-cost programs. The website provides a list of organizations that offers social services based on zip code. These services can include food assistance, paying bills, childcare, and more. To see all the services offered, visit Findhelp.org.

Healthy School Environment

Protecting Young People from E-Cigarettes

The Centers for Disease Control and Prevention (CDC) launched a national initiative called Protecting Young People from E-Cigarettes. The initiative aims to educate parents and school staff about the risks of young people using e-cigarettes. Learn more about [CDC's initiative regarding e-cigarettes](#).

2021 School Safety Summer Conference

The 2021 School Safety Summer Conference hosted by the Maryland Center for School Safety. It's a free virtual conference that will take place on the following four days in July 2021: July 12, 15, 20, and 22. The conference will open at 9:00 a.m. and end at 4:00 p.m. on each of those four days. [Registration](#) is required.

How to Manage Difficult Conversations

The National Association of School Nurses (NASN) released an interactive tool to assist school nurses in navigating challenging conversations. The tool presents situations where difficult conversations may arise and provides techniques to minimize any adverse effects. The techniques provided in the tool also can be used by school staff. [View the NASN tool](#) and learn more.

Physical Education/ Activity

Staying EnergizEd at Home

Action for Healthy Kids launched a three-part webinar series titled "Action for Healthy Kids' Family Connect Summer Series Learning Sessions." The second webinar in the series is Staying Energized at Home. The Staying Energized at Home webinar will include activities and resources for both adults and children on ways to boost physical activity and play throughout the summer. [Find out more and register for the webinar](#).

CDC Fall Prevention Tips

According to the Centers for Disease Control and Prevention (CDC), falls are the leading cause of non-fatal injuries for all children ages 0 to 19. Many falls can be avoided if parents, childcare providers, and the children work together. The CDC has a list of key prevention tips and resources to help prevent falls. View [CDC's fall prevention tips and resources](#).

School Health Services

July is Healthy Vision Month

July is Healthy Vision Month! While you are enjoying the warm weather, be sure to take steps to protect your eyes from harmful UV light. Use this month to educate yourself, students, families, and community members on ways to protect your vision. Visit the [National Eye Institute](#) for resources on keeping your eyes healthy.

Autism in Context Webinar

Are you interested in learning practical strategies for maintaining an equitable learning environment for students on the autism spectrum? The Association for Supervisor and Curriculum Development (ASCD) has a free webinar for educators and parents on this topic. The [webinar is available on demand](#).



Nutrition Services

Summer Meals Site Finder

Fuel up with summer meals! Summer meals are perfect complement to an activity-filled day. Nutritious on-the-go meals are available at no cost to children 18 and under. Click [HERE](#) to find the Summer Meals Sites near you.



School Health Guidelines to Promote Healthy Eating and Physical Activity

Physical activity is essential for a child's growth and development. The CDC recommends at least 60 minutes of moderate to vigorous activity for school-age children per day. Children who move more experience increased energy levels, improved academic performance, and well-being. Physical activity is any that children can do and enjoy such as playing outdoors, walking the dog, participating in a favorite sport, or even having a family dance party! The Office of Disease Prevention and Health Promotion has a fun fact sheet that shows children how to incorporate more movement into their day. [60 A Day: Fact Sheet for Kids](#)

Employee Wellness

Employee Wellness Tip Sheet

The Centers for Disease Control and Prevention (CDC) released a new tip sheet for promoting school employee wellness. Employee wellness is one of the key components of the Whole School, Whole Community, Whole Child approach which can benefit the school, teachers, and students. [Download the CDC employee wellness tip sheet](#) and learn more about promoting a school wellness program.

Fueling Georgia's Future

July Harvest of the Month

PEACHES

Georgia Grown Resources

Classroom Resources: Resources include downloadable activity books, bulletin board kits, commodity fun facts, Georgia Grown videos and more, from Georgia Grown.

<p>JULY Peaches</p> 	<p>AUGUST Watermelon</p> 	<p>SEPTEMBER Apples</p> 
<p>OCTOBER Zucchini</p> 	<p>NOVEMBER Sweet Potatoes</p> 	<p>DECEMBER Lettuce</p> 
<p>JANUARY Greens (COLLARD, MUSTARD, TURNIP)</p> 	<p>FEBRUARY Cabbage</p> 	<p>MARCH Root Vegetables (CARROTS, BEETS, RADISHES)</p> 
<p>APRIL Strawberries</p> 	<p>MAY Blueberries</p> 	<p>JUNE Tomatoes</p> 

Funding Opportunities

Get a Salad Bar in Your School

Does your school have a salad bar? If not, apply for a grant from [Salad Bars to Schools](#). Applications are accepted year-round and are reviewed in the order they are received. It may take up to 12-14 months to fund a school salad bar. To qualify, the salad bar must be part of the reimbursable meal served in your district.

Target Field Trip Grants

Since 2007, the [Target Company](#) has donated more than \$16 million in grants to the improvement of education. Each Target store in the United States will award three Target Field Trip Grants, enabling one in 25 schools throughout the country to send a classroom on a field trip.

Firehouse Subs Public Safety Foundation AED Grants

- Portal reopens January 1, 2021

[Click here to learn more.](#)

Apply for a Grant to Improve Your Community

If you have a plan for helping your community but need some money to get started, Walmart may be able to help. Walmart's Local Community Grant Program awards grants to eligible kindergarten-through-12th grade public, private or charter schools. Proposed projects could be a soup kitchen, food pantry, clothing closet or other activities that benefit the community at large. The deadline to apply is December 31, 2021. Visit the [Local Community Grant Program](#) for a complete list of eligibility requirements and areas of funding.

NASN Research Grants

Purpose: To encourage and support research regarding school nursing and health of school aged children.

To advance and fund quality school nursing practice and school-affiliated delivery of healthcare.

Program Donates Equipment & Apparel for Sports

Does your school need help getting sports equipment and apparel? If it does, [apply for a donation from Good Sports](#). The application process will open in January. If selected, your school will gain access to the Good Sports catalog for available inventory. Schools must serve young people between ages 3-18 years old. More than half of the student body must be eligible for free or reduced lunches.

Helpful Links from NASN

- ⇒ [ASTHMA](#)
- ⇒ [CHILDHOOD OBESITY](#)
- ⇒ [COVID-19](#)
- ⇒ [CULTURAL COMPETENCY](#)
- ⇒ [DIABETES IN CHILDREN](#)
- ⇒ [DISASTER PREPAREDNESS](#)
- ⇒ [DOCUMENTATION IN SCHOOL HEALTH](#)
- ⇒ [DRUG ABUSE](#)
- ⇒ [ENVIRONMENTAL HEALTH](#)
- ⇒ [FOOD ALLERGIES & ANAPHYLAXIS](#)
- ⇒ [IMMUNIZATIONS](#)
- ⇒ [HEAD LICE](#)
- ⇒ [MENTAL HEALTH](#)
- ⇒ [SCHOOL WELLNESS POLICIES](#)
- ⇒ [SEASONAL INFLUENZA](#)
- ⇒ [SEXUAL & REPRODUCTIVE HEALTH](#)
- ⇒ [VIOLENCE IN SCHOOLS](#)
- ⇒ [VISION AND EYE HEALTH](#)

Resources obtained from the

[National Association of School Nurses Website](#)

School Health Resources

[Department of Public Health– School Health Program](#)

The GA Department of Public Health provides leadership, training, and consultation to all health districts, school districts, and nurses serving children in the school setting.

For more information contact:

Elin Brumbaugh RN, BSN- Deputy Chief Nurse for School Health

Elin.Brumbaugh@dph.ga.gov



[Children's Healthcare of Atlanta – School Health Program](#)

CHOA's School Health Program offers [school nurse updates](#) and webinars on clinical pediatric topics; staff education for school districts in metro Atlanta; reviews and revisions of the [school health manual](#); serves as a contact for school nurses to call to discuss programmatic needs and difficult cases; and provides the CHOA/DPH [Common Infectious Illness poster](#), [Behavioral Health resources](#), and [Educational Videos](#). CHOA also provides nutritional and wellness resources through the [Strong 4 Life Program](#).

For questions or requests, call 404-785-7202, or email schoolhealth@choa.org

Click [here](#) for more information or [here](#) to opt-in to receive School Health news.

CHOA Events and Trainings

[Diabetes Caregiver Class](#)

Tuesday, July 27 from 8:30 a.m.-1:00 p.m.

[Diabetes Caregiver Class– Virtual by WebEx](#)

Tuesday, August 12 from 8:30 a.m.-1:00 p.m.

[Diabetes Caregiver Class– Virtual by WebEx](#)

Tuesday, August 24 from 8:30 a.m.-1:00 p.m.

Not on the CHOA School Health mailing list? Go to this link to subscribe: <http://pages.choa.org/School-Nurse-OptIn.html>



Children's
Healthcare of Atlanta

Please use the QR Code below to sign up for the **Georgia Student Wellness Educating the Whole Child Newsletter**

