

Educating Georgia's Future

August 2021



August National Health Observances

[Children's Eye Health and Safety Month](#)

[Kid's Eat Right Month](#)

[Medic Alert Awareness Month](#)

[National Breastfeeding Month](#)

[National Immunization Awareness Month](#)

August 1 – 7 [World Breastfeeding Week](#)

August 8 – 14 [National Health Center Week](#)

August 30 [National Grief Awareness Day](#)

The articles and hyperlinks to external websites appearing in this newsletter are intended to be informational and do not represent an endorsement by the Georgia Department of Education.



Upcoming Workshops

Stewards of Children - Join **Children's Healthcare of Atlanta** as Stewards of Children demonstrates how to prevent, recognize and react responsibly to child sexual abuse and teaches five proactive steps to protecting children.

Children's Healthcare of Atlanta
Office Park Learning Center
1680 Tullie Circle NE
Atlanta, GA 30329

Contact: Angie Boy- 404-785-5004

cpctraining@choa.org

[On-Demand Child Sex Trafficking Trainings](#)

Counseling & Social Services

[CDC Web-based Emotional Health Support](#)

The CDC created "How Right Now," a free web-based service to support emotional health. The CDC aims to help people improve individual's coping skills and their ability to adapt and be resilient. See [CDC's tips and resources on emotional health](#). They are available in both English and Spanish.

[Effective School-Community Partnerships to Support School Mental Health](#)

School mental health systems rely on a foundation of educators and school-employed mental health professionals, in partnership with community health and mental health professionals. The strategies to support mental health deployed by states, districts, and schools often exclusively relying on either schools or community partners. The National Association of School Psychologists (NASP) released a document that provides an overview of the key elements of effective school-community partnerships. [Read this document and learn more about school-community mental health partnerships.](#)

Healthy School Environment

Updating Local Wellness Policies

The National Association of School Nurses (NASN) released a free course on the updated Alliance for a Healthier Generation wellness policy. The updated wellness policy now includes all ten components of the Whole School, Whole Community, Whole Child (WSCC) model. To participate in the course, visit the [NASN Learning Center](#).

Preventing Youth Violence Resource List

As part of the Veto Violence initiative, the Centers for Disease Control and Prevention (CDC) compiled youth violence prevention resources for parents, schools, and community members. The goal of the resource list is to help improve the health and well-being of young people and the community where they live. The resource list includes a technical package, infographic, data, and more on youth violence. View [CDC's resource list on youth violence prevention](#).

Back to School Toolkit for K-12 Schools

As summer ends and planning for school returns to the forefront of everyone's mind, the Centers for Disease Control and Prevention (CDC) still encourages schools to take precautions against the COVID-19 virus. The CDC's Toolkit for K-12 Schools has guidance and planning documents about masks in schools, screening, hygiene, room setup, and more. View [CDC's Toolkit for K-12 Schools](#).

Upcoming Events/ Trainings

Strong4Life back-to-school webinar: Aug. 19

Children's Healthcare of Atlanta Strong4Life will host a [live, online training](#) from noon to 1 p.m. Thursday, Aug. 19, to support schools in kicking off the new school year. Join Strong4Life medical director Stephanie Walsh, MD, and licensed therapist Jody Baumstein, LCSW, as they share resources to support student and staff physical and emotional wellness.

Resiliency trainings: Aug. 12 and Sept. 14

Kids of all ages are overwhelmed with big emotions, and they need our help learning how to cope. Strong4Life recognizes the crucial role you play in supporting students' emotional wellness, so we developed our 1-hour, virtual resilience training to help you support kids. [Learn more and register](#) today.

Georgia Conference on Child Abuse and Neglect: Sept. 15 and 16

[Learn more and register](#) today. Continuing education credit will be available for nurses, social workers, licensed professional counselors, law enforcement and EMS professionals. No charge for this event.

School Health Services

Student Athlete Injury Toolkit

The Public Health Management Corporation (PHMC) Research and Evaluation Group created the Student Athlete Injury Toolkit. The toolkit helps student athletes, and their caretakers make informed decisions about prescription opioid use and pain management after a sports injury. School nurses can play a critical role by helping students understand the risks of misusing prescription opioids, identifying students who may need intervention to prevent or address opioid misuse, and weighing in on post-injury "return to school" and "return to play" plans.

[Download the student athlete toolkit from PHMC.](#)



Nutrition Services

Celebrate Kid's Eat Right Month: August is encourage children to enjoy eating nutritious foods, practice health-promoting behaviors and develop lifelong habits. One way to do this is to engage students in conversation about why food is fun is and exciting. Consider using the Taste and Talk conversation cards, a food-based learning resource from the Georgia Department of Education [Engagement Resources \(gadoe.org\)](#). These Taste and Talk cards are user-friendly for both educators and families and can be used in the classroom or at home during mealtimes. Additionally, this resource is adaptable for all age groups!

School nutrition programs across Georgia help students eat right every day by providing quality [school breakfast and lunch meals](#) available at no cost until June 30, 2022.



Analysis of School Meals Served during the COVID-19 Pandemic

The School Nutrition Association (SNA) released its latest analysis on the effect of the pandemic on school meal programs. The analysis used publicly available data from the United States Department of Agriculture Food and Nutrition Service from March to December 2019 and 2020. The analysis found that there was a 29.58% drop in meals served over the same period. [Read the SNA analysis.](#)

Employee Wellness

Tips for Promoting School Employee Wellness

Are you interesting in learning how to support your staff and coworkers' wellness for the new school year? The Centers for Disease Control and Prevention (CDC) updated their Tips for Promoting School Employee Wellness webpage to include tips that follow CDC COVID-19 guidelines. The tips include physical and mental activities to reduce anxiety and stress and links to additional resources. View [CDC's updated school employee wellness tips](#).

Fueling Georgia's Future

August Harvest of the Month

WATERMELON

Georgia Grown Resources

Classroom Resources: Resources include downloadable activity books, bulletin board kits, commodity fun facts, Georgia Grown videos and more, from Georgia Grown.

<p>JULY Peaches</p> 	<p>AUGUST Watermelon</p> 	<p>SEPTEMBER Apples</p> 
<p>OCTOBER Zucchini</p> 	<p>NOVEMBER Sweet Potatoes</p> 	<p>DECEMBER Lettuce</p> 
<p>JANUARY Greens (COLLARD, MUSTARD, TURNIP)</p> 	<p>FEBRUARY Cabbage</p> 	<p>MARCH Root Vegetables (CARROTS, BEETS, RADISHES)</p> 
<p>APRIL Strawberries</p> 	<p>MAY Blueberries</p> 	<p>JUNE Tomatoes</p> 

Funding Opportunities

Get a Salad Bar in Your School

Does your school have a salad bar? If not, apply for a grant from [Salad Bars to Schools](#). Applications are accepted year-round and are reviewed in the order they are received. It may take up to 12-14 months to fund a school salad bar. To qualify, the salad bar must be part of the reimbursable meal served in your district.

Target Field Trip Grants

Since 2007, the [Target Company](#) has donated more than \$16 million in grants to the improvement of education. Each Target store in the United States will award three Target Field Trip Grants, enabling one in 25 schools throughout the country to send a classroom on a field trip.

Firehouse Subs Public Safety Foundation AED Grants

- Portal reopens January 1, 2021

[Click here to learn more.](#)

Apply for a Grant to Improve Your Community

If you have a plan for helping your community but need some money to get started, Walmart may be able to help. Walmart's Local Community Grant Program awards grants to eligible kindergarten-through-12th grade public, private or charter schools. Proposed projects could be a soup kitchen, food pantry, clothing closet or other activities that benefit the community at large. The deadline to apply is December 31, 2021. Visit the [Local Community Grant Program](#) for a complete list of eligibility requirements and areas of funding.

NASN Research Grants

Purpose: To encourage and support research regarding school nursing and health of school aged children.

To advance and fund quality school nursing practice and school-affiliated delivery of healthcare.

Program Donates Equipment & Apparel for Sports

Does your school need help getting sports equipment and apparel? If it does, [apply for a donation from Good Sports](#). The application process will open in January. If selected, your school will gain access to the Good Sports catalog for available inventory. Schools must serve young people between ages 3-18 years old. More than half of the student body must be eligible for free or reduced lunches.

Helpful Links from NASN

- ⇒ [ASTHMA](#)
- ⇒ [CHILDHOOD OBESITY](#)
- ⇒ [COVID-19](#)
- ⇒ [CULTURAL COMPETENCY](#)
- ⇒ [DIABETES IN CHILDREN](#)
- ⇒ [DISASTER PREPAREDNESS](#)
- ⇒ [DOCUMENTATION IN SCHOOL HEALTH](#)
- ⇒ [DRUG ABUSE](#)
- ⇒ [ENVIRONMENTAL HEALTH](#)
- ⇒ [FOOD ALLERGIES & ANAPHYLAXIS](#)
- ⇒ [IMMUNIZATIONS](#)
- ⇒ [HEAD LICE](#)
- ⇒ [MENTAL HEALTH](#)
- ⇒ [SCHOOL WELLNESS POLICIES](#)
- ⇒ [SEASONAL INFLUENZA](#)
- ⇒ [SEXUAL & REPRODUCTIVE HEALTH](#)
- ⇒ [VIOLENCE IN SCHOOLS](#)
- ⇒ [VISION AND EYE HEALTH](#)

Resources obtained from the

[National Association of School Nurses Website](#)

School Health Resources

[Department of Public Health– School Health Program](#)

The GA Department of Public Health provides leadership, training, and consultation to all health districts, school districts, and nurses serving children in the school setting.

For more information contact:

Elin Brumbaugh RN, BSN- Deputy Chief Nurse for School Health

Elin.Brumbaugh@dph.ga.gov



[Children's Healthcare of Atlanta – School Health Program](#)

CHOA's School Health Program offers [school nurse updates](#) and webinars on clinical pediatric topics; staff education for school districts in metro Atlanta; reviews and revisions of the [school health manual](#); serves as a contact for school nurses to call to discuss programmatic needs and difficult cases; and provides the CHOA/DPH [Common Infectious Illness poster](#), [Behavioral Health resources](#), and [Educational Videos](#). CHOA also provides nutritional and wellness resources through the [Strong 4 Life Program](#).

For questions or requests, call 404-785-7202, or email schoolhealth@choa.org

Click [here](#) for more information or [here](#) to opt-in to receive School Health news.

CHOA Events and Trainings

[Diabetes Caregiver Class– Virtual by WebEx](#)
Tuesday, August 12 from 8:30 a.m.-1:00 p.m.

[Diabetes Caregiver Class](#)
Tuesday, August 24 from 8:30 a.m.-1:00 p.m.

[Diabetes Caregiver Class– Virtual by WebEx](#)
Tuesday, September 14 from 8:30 a.m.-1:00 p.m.

Not on the CHOA School Health mailing list? Go to this link to subscribe: <http://pages.choa.org/School-Nurse-OptIn.html>



Please use the QR Code below to sign up for the **Georgia Student Wellness Educating the Whole Child Newsletter**

