



7TH GRADE HOME LEARNING ASSIGNMENT

Name: _____ Class: _____ Date: _____

Instructions: Complete this Home Learning Assignment and be prepared to discuss during Lesson 2.



DIGITAL SAFETY AND DIGITAL CITIZENSHIP:

Complete the Digital Risk Assessment: <http://www.iroc2.org/CyberSafetyRiskAssessment.html>
Don't miss the website links and videos below the quiz on the website.

MY RESULT WAS:

☐ BELOW 30

☐ 30-120

☐ 120 OR ABOVE

Name one thing that surprised you after taking the quiz: _____

One change you will make to reduce your digital risk is: _____



BULLYING/CYBERBULLYING:







Watch this video about why the police are now involved when it comes to what you do online:
<https://youtu.be/IDgfdFI3Hww>

Do you think harsher punishments for cyberbullying could stop it? What do you think about Emily Smith's story?



HEALTHY VS UNHEALTHY RELATIONSHIPS:

Explore the www.joinonelove.org site and list:

3 SIGNS OF A HEALTHY RELATIONSHIP	3 SIGNS OF AN UNHEALTHY RELATIONSHIP
	
	
	

- Continued on next page -

7TH GRADE HOME LEARNING ASSIGNMENT



HEALTHY VS UNHEALTHY RELATIONSHIPS (CONTINUED):

Watch one of the videos about the eight different unhealthy relationship behaviors and complete the information below: <https://www.joinonelove.org/act/couplets/>

Which video did you watch? _____

How can this be harmful? _____

What can you do if you experience this? _____



Complete the Healthy Relationship Quiz: <https://www.loveisrespect.org/quiz/is-your-relationship-healthy/>

QUIZ

MY RESULT WAS:

☐ 0 OR LESS

☐ 1-5

☐ 6-10

☐ 11-50

☐ 50 OR MORE



RED FLAGS:

Read the following scenario. Think about how you would apply the 5 Safety Rules to the scenario if it was a friend of yours:

Julie has received a new Instagram follower she doesn't know. She mentions how cute he is, and that he comments with heart eyes on all of her pictures. Julie says they are now talking all day, every day, and he gets angry when she doesn't respond. Julie also mentions that they have plans to meet next week, but she can't tell anyone when she's going or where.



Know What's Up



Spot Red Flags



Make a Move



Talk It Up



No Blame | No Shame