

# 8<sup>TH</sup> GRADE LESSON 1 NOTES

## VIDEOS: TAKEAWAYS

Social Media/Social Life

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Stop Sextortion

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## TECH SAFETY CHECK



1. I have one or more social media accounts.

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2. I check in online.

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3. I have posted a picture without permission.

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4. My accounts are public.

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5. I have posted things I wouldn't want certain people to see.

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TOTAL \_\_\_\_\_

## CATCH OF TECHNOLOGY: TIME....



How many hours do you spend socializing on your device? \_\_\_\_\_



How many hours on your digital device for schoolwork? \_\_\_\_\_



How many hours for online gaming or watching videos? \_\_\_\_\_



How many total hours do you spend on digital devices? \_\_\_\_\_

## WHAT WOULD YOU DO?

If friends were cyberbullying someone and asked you to join in?

## EXIT SLIP: MBF TEEN SAFETY MATTERS - 8TH GRADE / LESSON 1

Name \_\_\_\_\_ Date \_\_\_\_\_

Teacher's Name \_\_\_\_\_

List the 3 main things you learned from the lesson:

List 2 things you think will be important three years from now:

List 1 question you still have and/or any additional comments:

CHECK THIS BOX IF YOU WOULD LIKE TO TALK TO ME OR ANOTHER SAFE ADULT LATER

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# 8<sup>TH</sup> GRADE LESSON 2 NOTES

## VIDEOS: TAKEAWAYS

Culture of Kindness

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Relationship Abuse Couplet: Intensity

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Consent: Simple as Tea

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## CHECK-IN: UNHEALTHY RELATIONSHIPS

List four signs of an unhealthy relationship



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## SPOT RED FLAGS

List some Red Flags that surprised you or stood out the most:

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## WHAT WOULD YOU DO?

if you suspected a peer was being trafficked?

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## EXIT SLIP: MBF TEEN SAFETY MATTERS - 8TH GRADE / LESSON 2

Name \_\_\_\_\_ Date \_\_\_\_\_

Teacher's Name \_\_\_\_\_

List the 3 main things you learned from the lesson:

List 2 things you think will be important three years from now:

List 1 question you still have and/or any additional comments:

CHECK THIS BOX IF YOU WOULD LIKE TO TALK TO ME OR ANOTHER SAFE ADULT LATER

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